

Food Bank: When you are picking up your groceries, please add an item or two and drop it in the food bank box. Items needed this week are **tea bags, sugar and peanut butter**. If you wish you may also make a monetary donation to the food hamper fund. It is much appreciated!

Duty teams for next Sunday, March 17, 2019: Sidespersons' Team # 2, Counting Team # 8.

Lenten Bible Study: This year's topic for Lenten bible study is *The Way of Love: Practices for a Jesus-Centered Life*. Classes began on Wednesday, March 6, following the morning Ash Wednesday Service. Other dates are March 13, 20, 27, April 3, 10 and 17.

Youth Group: As part of our Lenten outreach, the youth group has decided to look after our four-legged friends! If you have old towels or blankets (not duvets), please drop them off at the parish during March 10 to 24. We will make sure that your donation finds a new home and owner. Thank you for your assistance in this project.

| Services During the Week: | Morning Prayer daily at 9:30 a.m. (Except Wednesday & Saturday) | |
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| Wednesday March 13 | 9:30 a.m. | Holy Eucharist (BAS) |
| Sunday, March 17 Lent 11 | 8:30 a.m. | Holy Communion (BCP) |
| | 11:00 a.m. | Holy Eucharist /Welsh |
| | | Next Evening Service will be Sunday, March 31, 2019 |

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Rector:
Rev'd David Burrows

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Parish of the Ascension Chimes



March 10, 2019

Lent 1

PWRDF Sunday

Lections: Deuteronomy 26:1-11; Psalm 91:1-2, 9-16(**Refrain: He shall give his angels charge over you**); Romans 10:8B-13; Luke 4:1-13

8:30 a.m. Holy Communion (BCP)
Presider/Homilist: Rev'd. David Burrows

9:15 a.m. Ascension Café

11:00 a.m. Holy Eucharist BAS
Presider: Rev'd. Lynn Courage
Homilist: Rev'd. David Burrows
Readers: Shirley Cooper and Ray Hewitt
Gift Bearers: Peggy Newhook and Sandra Bradley
Hymns (CP): 620; A Place at the Table (Insert); 628; 170 & 601; 412

We shall not live by bread alone, but by every word that proceeds from the mouth of God." Matthew 4.4

Weekly Word

'Where your treasure is, there your heart will be also.'

(Jesus speaking to disciples and crowds in the book of Matthew)

Today in Christian faith communities, prayer and sacrament are offered as we enter the holy season of Lent. The community comes together marking prayer, reading scripture, receiving bread and wine, and being marked with the ashes from palms. Today at the community of the Ascension, we move deeper into our pattern of spiritual reflection, as we embrace the Way of Love, as offered through the Episcopal Church.

<https://www.episcopalchurch.org/way-of-love>

This Lenten season, I am reminded that the words that are offered through the Way of Love encourage us to go deeper into self reflection and examination. Turn, Learn, Pray, Worship, Bless, Go, and Rest are words we use to varying degrees in our vocabulary, sometimes with positive, and sometimes with negative or even disengaged feelings. The challenge at this time is for persons to examine what words are said, believed, acted upon, or even ignored. Perhaps lent is not for you; perhaps your practices of spirituality and living do not reflect the Christian Way. Even in this, it is good from time to time to recall the words and actions you use most frequently. In the familiarity and frequency of use, sometimes our actions and interactions become robotic, numb, or even callous toward others.

What we do most often, and how we respond most often, should be an indicator of what we treasure. If we breathe pain and anger, lament or condescension, apathy or worry, these are the things that will hold us to a way of life, that may tear apart relationships, strain work and life goals, and create dis-ease in all that surrounds us.

If we breathe peace and understanding, listening and care, thankfulness and generosity, then our words and actions will hold us to a different life. This way of life would be one affirming relationships, diversity, reconciliation, humility, and grace.

Take these next six weeks, whether in Lent or otherwise, and consider

Turn

Learn

Pray

Worship

Bless

Go

Rest

David

ACW: The ACW are reminded of their regular meeting on Monday, March 11, beginning with a light lunch at 12:30. All woman of the parish are most welcome to join in the fellowship

'Opening Doors in Lent' Insert Correction: Guest preacher, Pastor Kent Sceviour, will be preaching on *April 14, 15 and 16* at the evening services.

Men's Service Club: The MSC has been reaching out to the men in this Parish via the Chimes and E-news. We want to enable you to get to know more of your Parish family. That is why we are inviting you to one of our meetings to find out what we are all about. Our next meeting is March 18 at 7 p.m. Next week we will update you if there are any specific plans for that meeting. Come and see! Fun, food, and fellowship await you!

Clergy on the Floor Campaign: Throughout the Lenten season, members of the Archdeaconry of Avalon will be participating in the *Clergy on the Floor* campaign. Members of the clergy will sleep on the pews and floors of the Anglican Cathedral of St. John the Baptist on April 26 raising awareness and funds toward the *Home Again Furniture Bank*. You can sponsor a clergy member by using the special envelopes in the pews, signing the sponsor sheets at each entrance of the church, or at <https://bit.ly/2k2FX4n>

Parish Lenten Outreach Project: This year we have partnered with The Single Parent Association of Newfoundland. Beginning **March 10 to April 7**, we are asking for the following donations: diapers, wipes, recess items such as juice boxes, granola bars, packages of cheese and crackers, puddings and fruit cups, sugar and flour. Please place your donations on the shelving unit in the side foyer. On April 7, at our 11 a.m. service, Elaine Balsom, Project Coordinator with SPAN, will share their story and receive our donations.

GPS 2019- God's Positioning System: Seeking God's Direction in Every Day Life and in Life Every Day! This Diocesan Youth Conference is for youth from grade 7 and up, to come together to discover how faith is an important part of everyday life. Through guest speakers, outreach initiatives, and other activities, youth have an opportunity to explore their faith with other young people from all across the Diocese. It will be held at the Lavrock Camp and Conference Center with all accommodations and food provided for free! The deadline for registration is March 15. Registration forms are available from your rector. If you have any questions please email the Reverend Canon Amanda Taylor at revamandataylor@gmail.com. We hope to see you there!

Attention all men of the parish: Our Annual Bishop's Fish and Brewis Men's Fellowship Dinner and Eucharist will be held on Monday, April 1, 2019. We hope that as many men as possible from the parish will come out to share in this fellowship evening, enjoy a good meal, and hear Bishop Geoff address us. The dinner will be served at 6:00 p.m. and tickets cost \$12.00 each and are available from Tasker King (368-5676 or taskerking@nf.sympatico.ca) or any member of the Men's Service

Club. Deadline to purchase or book tickets is Friday March 29 (**sorry, no un-booked tickets sold at the door**).

The Secrets Concert: *The Secrets*, a country/gospel group, will be hosting a concert in the church on Saturday, March 30 at 7 p.m.. Tickets are \$20 each and are available either on-line at www.thesecrets.ca or at the church office.

Thank You:

- **Blast Away Winter Blues:** The Ways and Means Committee would like to extend their appreciation to those who attended and supported the winter fundraiser event on February 22. The evening was a wonderful success, with a delicious dinner and fabulous entertainment. We are thrilled to inform you that a profit of \$4325.00 was made from that fundraising event. Thank you!
- **ACW/MSC:** Thank you to all who assisted in the preparation and clean up at the Corporate breakfast for the ACW and the MSC.
- **Pastoral Care Workshop:** Thank you to the ACW for the wonderful lunch they prepared at the Pastoral Care Workshop. Also, thank you to our presenters and for those who attended and contributed to its success.
- **Men's Service Club:** The Men's Service Club would like to thank all those who supported their annual Pancake Supper and Card Game. As a result of your patronage we raised in excess of \$1600 which will go toward supporting ministry in our parish.

Prayers of the People

March 10, 2019,

Lent 1

Gracious God you call us to worship today and remind us that Jesus refused the temptation to worship the evil one. Rather than receive the glorious kingdoms of this world, he endured first the time in the wilderness and ultimately the pain and suffering of the cross. Help us during our Lenten journey to fix our eyes on him and daily pick up our own crosses: **Lord, in your mercy, hear our prayer.**

Holy God, we pray for all of our Lenten activities here at the Ascension, for all of the special services, and those preparing, presenting, and assisting. We pray that our theme, **The Way of Love**, will enhance our Lenten journey and will **TURN** our lives each day toward Jesus. May they all lead us together to a Holy Easter, and a joyful celebration of the Resurrection. **Lord, in your mercy, hear our prayer.**

Almighty God, Your son Jesus was offered all the kingdoms of the world and their authority and splendour, if he would worship the devil rather than you. Help those who govern and rule those nations today to resist the temptation to use evil, violent, and corrupt ways to bring about their personal desires, rather than ruling with justice, mercy and benevolence. We pray for Geoffrey our Bishop, for the parishes of Catalina and the Cathedral Parish of St. John the Baptist, for the Diocese of Eastern Newfoundland and Labrador, for those worshipping in the South Sudan and Nigeria, and for The Primate's World Relief and Development Fund. **Lord, in your mercy, hear our prayer.**

Loving God, help us during this penitential season to follow the commands of Jesus and to fast cheerfully. May we demonstrate the joy of our Christian faith to our family, our friends and our neighbours. **Lord, in your mercy, hear our prayer.**

Merciful God, friend of those in need, your Son Jesus can free us from our burdens and heal our bodies and spirits. We pray for those still burdened, those seeking healing, those in need within the church and the world, especially those on the Ascension Prayer Cycle. We pray too for those suffering from addiction of any kind, and ask that you help them to put the temptation behind them. **Lord, in your mercy, hear our prayer.**

Father God, we pray for all who have died, especially those on the Cougar flight 491 helicopter crash and for those who encouraged us in our faith by their example. As we pray for them, may they, in turn, continue to pray for us that we may stay true to our faith. **Lord, in your mercy, hear our prayer.**

Faithful God, you have taught us to overcome our sins by prayer, fasting, and by works of mercy. When, during the coming weeks of Lent, we are discouraged by our weakness, give us confidence in your love to help us through to the glories of Easter. Accept these prayers for the sake of your Son, our Saviour, Jesus Christ. Amen

Ascension Prayer Cycle Amanda, Andrea, Barbara, Bill, Brenda, Brian, Clarence, Claude, Darryl, Dennis, Dot, Dulcie, Edith, Elaine, Ella, Frederick, Garry, George, Georgina, Gerry, Harry, Herb, Ina, Jack, Jason, Jerome, Justin, John, Josephine, Junior, Kevin, Laura, Leo, Lori, Marjorie, Maxwell, Melissa, Melvin, Nancy, Olivia, Pam, Rodney, Roland, Ruth, Rita, Sean, Sheila, Stan, Stephen, Tina, Todd, Valerie, and Violet.